



## Great Beginnings

## Soup & Sandwiches

**Chicken Wings** \$4.50

Served with Ranch Dressing / Calories: 512

**Shrimp Tempura** \$6.95

Served with Asian Sauce / Calories: 342

**Chicken Quesadilla** \$6.95

Toasted Flour Tortilla with Grilled Chicken, Peppers, Onions & Cheese. Gluten Free Tortilla Shell Available  
Calories: 635

**Bang Bang Chicken** \$6.95

Tempura Chicken Tossed in a Spicy Sriracha Sauce  
Calories: 364

**Veggie Quesadilla** \$4.95

Toasted Flour Tortilla filled with Peppers, Onions & Cheese. Gluten Free Available / Calories: 520

**Chicken Tenders** \$4.15

Calories: 700

### Entrée Salads

**Caesar Salad** \$4.45

Romaine Hearts, Homemade Croutons & Caesar Dressing / Calories: 345

**Tarragon Chicken Salad** \$7.00

All White Free Range Chicken, Grapes, Toasted Almonds atop a Cantaloupe Boat / Calories: 298

**Vegetarian Taco Salad** \$7.45

Lettuce, Tomatoes, Cheese, Spicy Vegetarian Chili, Avocado, Sour Cream & Salsa / Calories 453

**Beef Taco Salad** \$7.45

Spicy Beef Chili, Avocado, Sour Cream, Cheese & Salsa / Calories 551

**Farmers Salad** \$5.45

Baby Lettuce, Avocado, Figs, Grapes, Goat Cheese & Almonds with Champagne Vinaigrette / Calories: 527

**Cobb Salad** \$7.45

Romaine, Blue Cheese, Egg, Avocado, Tomato, Bacon, Red Onions, and Chilled Chicken with Ranch Dressing / Calories: 635

#### Add to Any Salad:

Grilled Chicken / Calories: 200 \$2.50

Grilled Salmon / Calories: 171 \$4.95

Falafel / Calories: 265 \$2.95

**Soup of the Day** \$1.95

**Vegetarian Chili (Spicy)** \$4.25

**Beef Chili (Spicy)** \$4.25

**All-Beef Hot Dog** \$3.25

On Potato Roll or Gluten Free Roll / Calories: 474

**Build Your Own Burger\*** \$5.75

LTO, Mayo, Mustard, Ketchup, Relish & Cheese of your choice on Brioche Bun / Calories: 622

**Corner Deli Sandwich** \$5.45

Ham/Turkey/Roast Beef/Chicken Salad/Egg Salad or Tuna Salad) with your choice of Lettuce, Tomato, Mayo, Cheese & Choice of Bread. Gluten Free Bread is Available.

**Grilled Cheese Sandwich** \$2.75

Choice of Bread & Cheese. Gluten Free Bread is Available  
Calories: 450

**Bacon, Lettuce & Tomato Sandwich** \$3.75

Choice of Bread. Gluten Free Bread is available  
Calories: 364

**Classic Club Sandwich** \$5.45

Ham, Turkey, American Cheese, Lettuce, Tomato, Mayo & Bacon all between Three Pieces of Toasted Bread. Gluten Free Bread is Available / Calories: 708

**Falafel Wrap** \$4.95

with Hummus / Calories: 424

**Whole Sandwiches Served with Chips & Pickle or Side Salad**

### Combos

**Soup & Small Salad Bar** \$3.70

**Soup/Small Salad Bar & Baked Potato** \$3.70

**Soup & Half Corner Deli Sandwich** \$4.65

**Please inform your server if you have a food allergy.** Our food prepared here may contain ingredients that may cause an allergic reaction. Food is produced on the same equipment; we cannot guarantee that cross-contact with allergens will not occur.

the  
**BISTRO**





## Entrees

## Vegetarian Entrees

<b>Herb Chicken Breast with 2 Sides</b>	<b>\$9.95</b>
<b>Herb Chicken Breast with No Sides</b>	<b>\$6.45</b>
Chicken Breast Marinated with Fresh Herbs & Olive Oil / Calories: 210	
<b>Grilled Salmon with 2 Sides</b>	<b>\$13.55</b>
<b>Grilled Salmon with No Sides</b>	<b>\$10.05</b>
Salmon brushed with Herb Oil / Calories: 175	
<b>*Braised Beef Short Ribs with 2 Sides</b>	<b>\$14.95</b>
<b>*Braised Beef Short Ribs w/ No Sides</b>	<b>\$11.45</b>
Calories: 360	

<b>Vegetarian Chili (Spicy)</b>	<b>\$4.25</b>
Calories: 160	

<b>Veggie Quesadilla</b>	<b>\$4.95</b>
Toasted Flour Tortilla, Peppers, Onions & Cheese. Gluten Free Tortilla Shell Available / Calories: 520	

<b>Vegetarian Taco Salad</b>	<b>\$7.45</b>
Lettuce, Tomatoes, Cheese, Spicy Vegetarian Chili, Avocado, Sour Cream & Salsa / Calories 453	

<b>Farmers Salad</b>	<b>\$5.45</b>
Baby Lettuce, Avocado, Figs, Grapes, Goat Cheese & Almonds with Champagne Vinaigrette / Calories: 527	
<b>Add Falafel / Calories 265</b>	<b>\$2.25</b>

<b>Veggie Burger</b>	<b>\$5.95</b>
With choice of Lettuce, Tomato, Onion, Mayo, Mustard, Cheese, Ketchup, Relish on Brioche / Calories: 395	

<b>Falafel Pita Sandwich</b>	<b>\$4.95</b>
with Hummus / Calories: 424	

## Salad Bar

<b>Small Salad Bar</b>	<b>\$2.25</b>
<b>Large Salad Bar</b>	<b>\$3.50</b>

## Sides

<b>French Fries</b>	Calories 380	<b>\$1.75</b>
<b>Sweet Potato Fries</b>	Calories 380	<b>\$1.75</b>
<b>Onion Rings</b>	Calories: 450	<b>\$1.75</b>
<b>Mashed Potatoes</b>	Calories: 112	<b>\$1.75</b>
<b>Baked Potato</b>	Calories: 163	<b>\$1.75</b>
<b>Sweet Potato</b>	Calories: 163	<b>\$1.75</b>
<b>Sautéed Spinach</b>	Calories: 23	<b>\$1.75</b>
<b>Vegetable Medley</b>	Calories: 25	<b>\$1.75</b>
<b>White Rice</b>	Calories: 100	<b>\$1.75</b>
<b>Side Salad</b>	Calories: 100	<b>\$1.75</b>

\*This item may be served undercooked. Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness

We source of foods from a range of local and regional purveyors, with a focus on sustainability and environmental stewardship.

Nutritional content may vary because of variations in portion size or recipes, changes in growing seasons or differences in the sources of our ingredients. We may update this information from time to time.

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## Daily / Weekly Specials

<b>Salad</b>	<b>\$7.45</b>
<b>Sandwich</b>	<b>\$7.45</b>
<b>Burger (Dinner Only)</b>	<b>\$8.00</b>
<b>Dessert of the Day</b>	<b>\$1.95</b>

